

Preschool

Arwons Little Angels

Weekly Lesson plan

Theme: Shapes and Colours

Group: _____

Teacher: Miss.F.Stapelberg

Day	Theme and board discussion	Main activity Art	Activity 1 Perceptual	Activity 2 Maths	Activity 3 Handwriting	Activity 4 Reading	Physical movement	Stories/ Rhymes
Monday	Name different Shapes.	Colour the shapes and cut them out.	Spatial orientation: Left, right	Counting 1-10 Learn to write number 1.	Playing piano with fingers Pencil control	a sound: Looking at a words	Throw and catch ball	Shape poem 3 little bears
Tuesday	Look for different shapes in the classroom.	Paste the house on paper and draw around it.	S/O: Left, right with arrows.	Learn concept 1-5	Pencil control	Do the a sound worksheet	Kick ball	Shape poem 3 little bears
Wednesday	Name different colours	Paint the rainbow	S/O: Above, below	Learn concept 6-10	Pencil control	Draw a in the sand	Catch ball above/below	Shape poem 3 Little bears
Thursday	Look at the different colours outside and around us.	Mix some colours to make new one's.(finger paint)	S/O: In, out, up, down	Playing with numbers. Jump 3 times Clap your hand 7 times.	Pencil control	Play game with a sound	Kick the ball in the hoop.	Shape poem 3 Little bears
Friday	Combine shapes and colours.	Make some pictures out of shapes and colour it in.	Revision	Join dots worksheet.	Pencil control	Listen to a sound.	Throw ball in the bucket.	Shape poem 3 Little bears

